



## LOPERAMIDE

*loh-peer-ah-mide*

### What does it do?

*Loperamide* is used to treat or prevent diarrhoea.

### Before you start

- Tell your health professional if you have other bowel problems or bloody diarrhoea.
- Tell your health professional if you are pregnant, planning to become pregnant, or breastfeeding.
- Tell your health professional if you have phenylketonuria (PKU). The *loperamide* orodispersible tablet may contain aspartame (a source of phenylalanine).

### How should you take it?

Take *loperamide* as directed. You can take it with or without food.

Capsule and tablet: Take with a glass of water.

Orodispersible tablet: Place on your tongue to dissolve before swallowing.

Liquid: Measure carefully with an oral syringe or measuring spoon.

### What if you forget a dose?

Should an occasional dose be missed it need not be taken later.

### Can you take other medicines?

Some medicines available without a prescription may react with *loperamide* including:

- laxatives (e.g. Laxsol®)

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

### What side effects might you notice?

| Side Effects        | Recommended action                              |
|---------------------|---|
| Dizziness<br>Nausea | Tell your doctor if troublesome                 |
| Constipation        | Stop taking and tell your doctor if troublesome |

If you notice any other effects, discuss them with your doctor or pharmacist.

### Other information:

- Do not take more than the stated dose. For adults this is usually up to a maximum of 8 tablets/capsules in 24 hours.