

## MEGESTROL

*meh-jes-trol*

### What does it do?

*Megestrol* contains the steroid hormone progesterone. It is used to treat breast cancer and endometrial cancer, and sometimes other conditions.

### Before you start

- Tell your doctor if you have diabetes, or if you have ever had a blood clot.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

### How should you take it?

Take *megestrol* regularly as directed with a glass of water.

### What if you forget a dose?

If it is nearly time for your next dose, skip the missed dose and take your next dose at the usual time. Otherwise, take the missed dose as soon as you remember. Do not take two doses at the same time.

### Can you take other medicines?

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

### What side effects might you notice?

| Side Effects  | Recommended action              |
|---|---------------------------------|
| Symptoms of a blood clot including: sudden shortness of breath, swelling or pain in one leg   | Tell your doctor immediately    |
| Mood changes<br>Short of breath<br>Tiredness or weakness<br>Hot flushing, sweating<br>Hair loss or thinning<br>Numb or tingling fingers<br>Weight gain, swollen feet or legs<br>Less interest in sex, impotence, unexpected vaginal bleeding<br>Stomach upset | Tell your doctor if troublesome |

If you notice any other effects, discuss them with your doctor or pharmacist.

### Other information:

- Long-term use of *megestrol* may cause side effects such as: round face, change in body shape, change in hair growth, thin skin, weak bones, increased blood pressure and diabetes.
- Do not stop taking *megestrol* suddenly without talking to your doctor first. Your doctor may reduce the dose gradually.