

FINASTERIDE

fin-ass-te-ride

What does it do?

Finasteride is used to treat problems caused by an enlarged prostate, such as trouble peeing. It is also sometimes used to treat head hair loss in men.

How should you take it?

Take *finasteride* regularly as directed with a glass of water.

What if you forget a dose?

If it is nearly time for your next dose, skip the missed dose and take your next dose at the usual time. Otherwise, take the missed dose as soon as you remember. Do not take two doses at the same time.

Can you take other medicines?

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products (e.g. St John's wort) or recreational drugs.

What side effects might you notice?

| Side Effects | Recommended action |
|--|---------------------------------|
| Sore or enlarged breasts Low mood | Tell your doctor |
| Less interest in sex, trouble getting or keeping an erection | Tell your doctor if troublesome |

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- It may take a few months for *finasteride* to start working.
- Pregnant women should not take *finasteride* or handle broken or crushed tablets. Tell your doctor if your partner is pregnant, or planning to become pregnant. For more information, you can also visit - mothertobaby.org/fact-sheets/finasteride