# ACARBOSE

*ak-ar-bose*

## What does it do?

*Acarbose* is used to treat diabetes. It reduces the amount of sugar you absorb from food.

## Before you start

- Tell your doctor if you have bowel problems.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

## How should you take it?

Take *acarbose* regularly as directed at the start of a meal. You can swallow the tablets whole with water, or chew them.

## What if you forget a dose?

Skip the missed dose and continue as directed. Do not take two doses at the same time and do not take doses between meals.

## Can you take other medicines?

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

## What side effects might you notice?

| Side Effects | Recommended action |
|---|---|
| Farting, tummy pain, bloating, diarrhoea | Tell your doctor if troublesome |

If you notice any other effects, discuss them with your doctor or pharmacist.

## Other information:

- You will need a regular blood test (HbA1c) to check how your diabetes is controlled.
- If you are unwell, follow your diabetes sick-day plan, or talk to your health professional.