Te Whatu Ora
Health New Zealand
Waitaha Canterbury

SOFRADEX® EYE DROPS (dexamethasone, framycetin and gramicidin)

Sof-rah-dex (dex-a-meth-ah-sone, fra-my-set-in and gram-ee-sye-din)

What does it do?

Sofradex® eye drops are used to treat eye infections.
They contain antibiotics (framycetin and gramicidin) to kill bacteria and a steroid (dexamethasone) to treat inflammation.

Before you start

- Tell your doctor if you have glaucoma.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

How should you use it?

1. Wash your hands.
2. Tilt your head back a little and pull your lower eyelid down.
3. Put one drop into your eye. Do not let the bottle tip touch your eye.
4. Close your eye for a minute or two and press gently on the skin where the corner of your eye meets your nose. This helps to keep the drop in the eye.
5. If you are using more than one drop in the same eye, wait about 5 minutes before putting in the next drop.
6. Repeat for your other eye if you need to.
7. Wash your hands when you are finished.

Keep using the drops until the course is finished, even when your eye starts to feel better.

What if you forget a dose?

If it is nearly time for your next dose, skip the missed dose and use your next dose at the usual time. Otherwise, use the missed dose as soon as you remember. Do not use two doses at the same time.

Can you take other medicines?

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

Side Effects	Recommended action
Symptoms of allergy including: new or worsening itching, redness or swelling around the eye	Tell your doctor
Stinging when you put the drops in	Usually temporary

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- Do not use contact lenses until your treatment has finished.
- *Sofradex® eye drops* expires 4 weeks after you first open it. If you have any left over after 4 weeks, take it back to your pharmacy.