

## PHENOXYMETHYLPENICILLIN

*fen-ox-ee-meth-il-pen-ih-sil-in*

### He aha te mahi?

He rongoā paturopi te *phenoxymethylpenicillin* ka whakamahia hei whakamaimoa me te ārai i ngā whakapokenga huakita.

### I mua i to fimata

- Me kōrero atu ki tō rata mēnā he raruraru tākihi, mēnā rānei kei te pāwera koe ki ngā rongoā paturopi penicillin.
- Me kōrero atu ki tō rata mēnā kei te hapū koe, kei te whai rānei koe kia hapū koe, kei te whāngaiū rānei.

### Me pēhea te kai?

Me kai i te *phenoxymethylpenicillin* e ai ki ngā tohutohu. Me kai haere kia pau katoa, ahakoa ka pai haere tō āhua.

Pire rango: Me kīnaki ki te inu wai.

Wē: Kia kaha tonu te rurerure i mua o te whakapeto. Āta inea ia horopeta mā tētahi pūwero, pune ine rānei.

### Ka aha mēnā ka wareware i a koe tētahi horopeta te kai?

Me wawe tonu te kai i te horopeta ka haere tonu e ai ki ngā tohutohu.

### Ka taea anō e koe ētahi atu rongoā te kai?

Me kōrero atu ki tō kaitaka rongoā, rata rānei mō ngā rongoā katoa, whakamaimoatanga rānei e whiwhi ana koe, tae atu ki ngā huaora, ngā hua otaota, ngā whakapōauau rānei.

### He aha ngā hua kino ka rongo pea koe?

| Ngā Hua Kino   | Tūtohutanga hei whai                       |
|--|--|
| Ngā tohumate o te mate pāwera, tae atu ki te: kōpukupuku, mangleo, pupuhi, uaua te hēhē                        | Me wawe te kōrero atu ki tō rata           |
| He tino kaha, mauroa rānei te mate tikotiko, mamae puku  | Me kōrero atu ki tō rata                   |
| Ngā hakihaki mā iti i rō waha, arero huruhuru (mateīhi ā-waha)<br>Mangleo te tara, tahe (mateīhi ā-tara) rānei | Me kōrero atu ki tō mātanga hauora         |
| Ka mamae te puku   | Me kōrero atu ki tō rata mēnā kei te mamae |

Ki te pā mai ētahi atu hua kino, me kōrero atu ki tō rata, kaitaka rongoā rānei.

### Ētahi atu mōhihio:

- Me rōkiroki te wē *phenoxymethylpenicillin* e ai ki ngā tohutohu. Ina pau te wā mō te kai i te rongoā, me whakahoki e koe te toenga wē ki tō taka rongoā.