

VARENICLINE

var-en-ih-kleen

What does it do?

Varenicline is used to help you stop smoking.

Before you start

- Tell your doctor if you have kidney, heart or a mental health problem, or if you have ever had a seizure.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

How should you take it?

Take *varenicline* regularly as directed with a glass of water.

Take as part of a quit smoking plan from a health professional.

What if you forget a dose?

Take the missed dose as soon as possible. If it is close to the time for your next dose, skip the missed dose and carry on as normal. Do not take two doses at the same time.

Can you take other medicines?

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

| Side Effects | Recommended action |
|---|---------------------------------|
| Suicidal thoughts, mood changes, unusual behaviour or thinking, agitation | Tell your doctor immediately |
| Headache, tiredness or weakness Trouble sleeping, strange dreams Dry mouth, changes in taste, change of appetite Nausea, vomiting, indigestion, abdominal pain, farting, constipation Skin rash | Tell your doctor if troublesome |

If you notice any other effects, discuss them with your doctor or pharmacist.