

NIRMATRELVIR ME TE RITONAVIR

ner-ma-trel-veer me te ri-ton-ah-veer

He aha te mahi?

Whakamahia ai te *nirmatrelvir* me te *ritonavir* hei whakamaimoa i te KOWHEORI-19. He whakaiti i te tūponotanga me uru koe ki te hōhipera kia whakamaimoatia.

Ka pēhea te kai?

Me kai te *nirmatrelvir* me te *ritonavir* e ai ki ngā tohutohu me tētahi inu wai. Horopukuna ngā pire. Ka taea tēnei te kai i te taha o te kai, kāore rānei.

Me tīmata koe ki te kai *nirmatrelvir* me te *ritonavir* i roto i te 5 rā o te pā mai o ngā tohumate KOWHEORI-19.

Me kai haere kia pau katoa, ahakoa ka pai haere tō āhua.

Ka aha mēnā ka wareware i a koe tētahi horopeta te kai?

Me wawe tonu te kai i te horopeta ka haere tonu e ai ki ngā tohutohu.

Ka taea anō e koe ētahi atu rongoā te kai?

Ka taea e te *nirmatrelvir* me te *ritonavir* te tukituki ki ngā rongoā maha, ka kino pea i ētahi wā.

Me kōrero atu ki tō kaitaka rongoā, rata rānei mō ngā rongoā katoa, whakamaimoatanga rānei e whiwhi ana koe, tae atu ki ngā huaora, ngā hua otaota, ngā whakapōauau rānei.

He aha ngā hua kino ka rongo pea koe?

He rongoā hou te *nirmatrelvir*. Kāore ngā momo ngā hua kino katoa i te mōhio i tēnei wā.

Ngā Hua Kino	Tūtohutanga hei whai
Ka rerekē te tāwara Mate tikotiko	Me kōrero atu ki tō rata mēnā kei te mamae

Ki te pā mai ētahi atu hua kino, me kōrero atu ki tō rata, kaitaka rongoā rānei.

Ētahi atu mōhiohio:

- Me kōrero atu ki tō rata mēnā kei te mate ō tākihi.
- Me kōrero atu ki tō rata mēnā kei te hapū koe, kei te whai rānei koe kia hapū koe, kei te whāngaiū rānei.