

ENALAPRIL

en-al-ah-pril

What does it do?

Enalapril is used to treat high blood pressure, kidney problems associated with diabetes and to improve heart function.

How should you take it?

Take *enalapril* regularly as directed with a glass of water.

What if you forget a dose?

Take the missed dose as soon as possible. If it is close to the time for your next dose, skip the missed dose and carry on as normal. Do not take two doses at the same time.

Can you take other medicines?

Some medicines available without a prescription may react with *enalapril* including:

- anti-inflammatories, such as diclofenac (e.g. Voltaren®), ibuprofen (e.g. Nurofen®), or aspirin (e.g. Disprin®, in doses used for pain relief). These can also be found in some cold and flu medicines (e.g. Nurofen Cold and Flu®).
- potassium supplements (e.g. Span K®)

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

Side Effects	Recommended action
Swollen lips, tongue, throat or face	Tell your doctor immediately
Change in heartbeat, chest pain Muscle cramps or weakness	Tell your doctor
Cough Dizziness, headache, fainting Tiredness or weakness Changes in taste, stomach upset	Tell your doctor if troublesome

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- Tell your doctor if you have kidney or liver problems, or have had angioedema (swelling of the face caused by a medicine).
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.