

VARDENAFIL*var-den-ah-fil***What does it do?**

Vardenafil is used to treat impotence (difficulty getting and maintaining an erection) in men, and occasionally other conditions.

How should you take it?

Take *vardenafil* with a glass of water between one hour and five hours before having sex, or as directed.

What if you forget a dose?

Take *vardenafil* when required. The maximum dose is one tablet a day.

Can you take other medicines?

Some medicines available without a prescription may react with *vardenafil* including:

- glyceryl trinitrate (e.g. Nitrolingual Pumpspray®, Lycinat®)

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products (e.g. St John's wort) or recreational drugs.

What side effects might you notice?

Side Effects	Recommended action
Prolonged erection (longer than four hours) Changes in vision	Tell your doctor immediately
Headache, dizziness, hot flushing Runny or blocked nose Muscle aches and pains Indigestion	Tell your doctor if troublesome
Stomach upset	Take with food

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- Tell your doctor if you have blood pressure, bleeding, blood, stomach, heart, liver, kidney, penis (other than impotence), hearing or eye problems, or if you have had a recent stroke.
- Grapefruit, grapefruit juice or sour/Seville oranges may react with *vardenafil*. Discuss with your pharmacist.
- If you are taking nitrate medicines (e.g. glyceryl trinitrate), you should not use *vardenafil*. Discuss with your doctor or pharmacist.