Te Whatu Ora
Health New Zealand
Waitaha Canterbury

LISDEXAMFETAMINE

lis-dex-am-fet-ah-meen

What does it do?

Lisdexamfetamine is used to treat ADHD (Attention Deficit Hyperactivity Disorder).

Before you start

- Tell your doctor if you have heart or mental health problems, angle-closure glaucoma, Tourette's syndrome, high blood pressure, or if you have ever had a seizure.
- You may have drug screening tests before starting and while taking *lisdexamfetamine*.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

How should you take it?

Take *lisdexamfetamine* regularly as directed with a glass of water. You can take it with or without food.
If you have trouble swallowing, you can open the capsule and mix the contents with a small amount of soft food or liquid.
It is best to take *lisdexamfetamine* in the morning, as it can cause trouble sleeping.

Do not stop taking *lisdexamfetamine* without talking to your doctor first.

What if you forget a dose?

If it is nearly time for your next dose, skip the missed dose and take your next dose at the usual time. Otherwise, take the missed dose as soon as you remember. Do not take two doses at the same time.

Can you take other medicines?

Some medicines available without a prescription may react with *lisdexamfetamine* including:

- urinary alkalinisers containing sodium bicarbonate (e.g. Ural®)
- some migraine medicines, such as sumatriptan (e.g. Sumagran Active®)

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

Side Effects	Recommended action
Seizures Symptoms of a fast or irregular heartbeat including: fluttering, pounding or pain in your chest, dizziness or fainting	Tell your doctor immediately
Unusual behaviour or thinking, mood changes, agitation, anxiety Strange or uncontrolled movements	Tell your doctor
Trouble sleeping Headache Loss of appetite, weight loss, dry mouth Stomach upset	Tell your doctor if troublesome

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- If you are having surgery, it is important to tell your doctor that you are taking *lisdexamfetamine*.