Te Whatu Ora
Health New Zealand
Waitaha Canterbury

PIOGLITAZONE

pye-oh-glit-ah-zone

What does it do?

Pioglitazone is used to treat diabetes by lowering blood glucose.

Before you start

- Tell your doctor if you have heart failure or osteoporosis (weak bones), or if you have ever had bladder cancer.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

How should you take it?

Take *pioglitazone* regularly as directed with a glass of water. You can take it with or without food.

What if you forget a dose?

If it is nearly time for your next dose, skip the missed dose and take your next dose at the usual time. Otherwise, take the missed dose as soon as you remember. Do not take two doses at the same time.

Can you take other medicines?

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

Side Effects	Recommended action
Swollen feet or legs, short of breath Changes in vision Bloody pee	Tell your doctor
Weight gain	Tell your doctor if troublesome

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- You will need a regular blood test (HbA1c) to check how your diabetes is controlled.
- If you are unwell, follow your diabetes sick-day plan, or talk to your health professional.
- *Pioglitazone* can weaken your bones. You may need tests to check for this before you start.