NAPROXEN
na-prox-en

What does it do?
Naproxen reduces pain and inflammation.

Before you start
- Tell your doctor if you have heart, kidney, stomach or bowel problems, high blood pressure, asthma, or if you have ever had a stroke or TIA (mini-stroke).
- Tell your doctor if you have had problems with aspirin or anti-inflammatories.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

How should you take it?
Take *naproxen* with food and a glass of water. Swallow the tablets whole.

What if you forget a dose?
Should an occasional dose be missed it need not be taken later.

Can you take other medicines?
Some medicines available without a prescription may react with *naproxen* including:
- anti-inflammatories, such as ibuprofen (e.g. Nurofen®), or aspirin (e.g. Disprin®, in doses used for pain relief). These can also be found in some cold and flu medicines (e.g. Nurofen Cold and Flu®), and creams or gels (e.g. Voltaren Emulgel®)
- low-dose aspirin (e.g. Cartia®)

Tell your pharmacist or doctor about <u>all medicines or treatments</u> that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

Side Effects	Recommended action
Stomach pain, coughing or vomiting of blood, black bowel motions Swollen lips, tongue, throat or face, trouble breathing Chest pain Symptoms of liver problems including: yellow skin or eyes, itching, dark urine, pale bowel motions, abdominal pain Reduced number of blood cells that help your blood to clot - symptoms include: easy or unusual bruising or bleeding	Tell your doctor immediately
Swollen feet or legs, short of breath Bloody or cloudy pee Ringing in the ears	Tell your doctor
Dizziness Indigestion, nausea, constipation or diarrhoea Skin rash	Tell your doctor if troublesome

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:
- In most cases, paracetamol and/or codeine may be safely used while taking *naproxen*.