SOFRADEX® EAR DROPS (dexamethasone, framycetin and gramicidin)

Te Whatu Ora

Health New Zealand

Waitaha Canterbury

Sof-rah-dex (dex-a-meth-ah-sone, fra-my-set-in and gram-ee-sye-din)

What does it do?

Sofradex® ear drops are used to treat ear infections.

They contain antibiotics (framycetin and gramicidin) to kill bacteria and a steroid (dexamethasone) to treat inflammation.

Before you start

- Tell your doctor if you have recently damaged your eardrum, or have grommets inserted.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

How should you use it?

- 1. Wash your hands.
- 2. Lie on your side, or tilt your head, with the affected ear facing up.
- 3. Put the prescribed number of drops into your ear.
- 4. Stay on your side, or keep your head tilted, for at least a minute to let the drops get right into your ear.
- 5. If both ears are being treated, turn over and repeat in your other ear.
- 6. Wash your hands when you are finished.

Keep using the drops until the course is finished, even when you start to feel better.

What if you forget a dose?

If it is nearly time for your next dose, skip the missed dose and use your next dose at the usual time. Otherwise, use the missed dose as soon as you remember. Do not use two doses at the same time.

Can you take other medicines?

Tell your pharmacist or doctor about <u>all medicines or treatments</u> that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

Sofradex® *ear drops* are unlikely to cause any side effects. If you notice any symptoms you are concerned about, discuss them with your doctor or pharmacist.

Other information:

• Sofradex® ear drops expires 4 weeks after you first open it. If you have any left over after 4 weeks, take it back to your pharmacy.