# NARATRIPTAN

nar-ah-trip-tan

## What does it do?

Naratriptan is used to treat migraines.

#### Before you start

- Tell your health professional if you have heart or blood vessel problems, high blood pressure, or if you have ever had a stroke, or 'mini-stroke'.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

## How should you take it?

Take naratriptan as directed when your symptoms first start. Take with a large glass of water.

If your symptoms get better, but then return, you can take another dose after 4 hours. If *naratriptan* does not help, do not take any further doses for the same attack, as it is unlikely to work. You can

still use naratriptan for a new attack

Do not take more than the maximum daily dose advised by your doctor.

#### Can you take other medicines?

Tell your pharmacist or doctor about <u>all medicines or treatments</u> that you may be taking, including vitamins, herbal products (e.g. St John's wort) or recreational drugs

## What side effects might you notice?

Side Effects	Recommended action
Pain, tightness or pressure in your chest, throat or jaw Fast or irregular heartbeat	Tell your doctor immediately
Drowsiness, tiredness or weakness, dizziness Hot flushing Burning sensation, tingling or numbness	Tell your doctor if troublesome

If you notice any other effects, discuss them with your doctor or pharmacist.

## Other information:

- Tell your doctor if you need to use naratriptan several times each week. Using naratriptan too often can cause
  a different type of headache. Your doctor can talk with you about different medicines that are taken every day
  to prevent migraines.
- Do not use naratriptan to prevent migraines.
- Naratriptan can impair your ability to do tasks such as driving or using machines. Alcohol makes this worse. Discuss your risk with your health professional. (search NZTA Are you safe to drive?)