Te Whatu Ora Health New Zealand Waitaha Canterbury

CHOLINE SALICYLATE GEL

koh-leen sal-ih-sil-ate

What does it do?

Choline salicylate gel is used to treat pain caused by mouth ulcers or teething.

Before you start

Tell your health professional if you are pregnant, planning to become pregnant, or breastfeeding.

How should you use it?

Adults: Rub a small amount of gel (about 1 cm) onto the sore area, up to every 3 hours.

Babies older than 4 months: Rub a pea-sized amount of gel (about 0.5 cm) onto the sore area. You can use it up to every 3 hours, but not more than 6 times in 24 hours. Using too much, or using it too often, could be harmful to your baby. Symptoms of overdose (too much gel) in babies include unusual sleepiness, vomiting, fever and fast breathing. Tell your doctor immediately if you notice any of these.

Do not use for babies younger than 4 months old.



Can you take other medicines?

Tell your pharmacist or doctor about <u>all medicines or treatments</u> that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

Choline salicylate gel is unlikely to cause any side effects. If you notice any symptoms you are concerned about, discuss them with your doctor or pharmacist.

Other information:

 Ask your health professional about other treatments for teething. These include cold teething rings, and paracetamol or ibuprofen if your child has pain or a fever.