

## METOPROLOL

*me-toe-pro-lol*

### He aha te mahi?

Ka whakamahia te *metoprolol* hei whakamaimoa i etahi raruraru manawa me te toto pōrutu. Ka whakamahia i ētahi wā mō ētahi atu raruraru i pērā i te ānini.

### Me pēhea te kai?

Me kai te *metoprolol* e ai ki ngā tohutohu me tētahi inu wai.

Ka taea ngā pire tukunga whakahaere (CR), tukunga whakauka (SR) rānei te whakahāwhe mēnā e hiahiatia ana, engari kaua e kōnatunatu, ngaungau rānei.

### Ka aha mēnā ka wareware i a koe tētahi horopeta te kai?

Me wawe tonu te kai i te horopeta. Mēnā he tata ki te wā mō tō horopeta whai ake, me waiho noa te mea kua tāhapa, ā, ka haere tonu anō. Kaua rawa e kai i ngā horopeta e rua i te wā kotahi.

### Ka taea anō e koe ētahi atu rongoā te kai?

Ka tukituki pea ētahi rongoā kore ota rongoā ki te *metoprolol*, tae atu ki:

- ngā pire ārai-whakakakā, pērā i te i te diclofenac (hei tauira, Voltaren®), ibuprofen (hei tauira, Nurofen®), aspirin rānei (hei tauira, Disprin®, kei ngā horopeta whakamauru mamae). Ka kitea ēnei i roto i ētahi rongoā rewharewha me te whurū (hei tauira, Nurofen Cold me te Flu®).
- diphenhydramine (hei tauira, Unisom SleepGels®)

Me kōrero atu ki tō kaitaka rongoā, rata rānei mō ngā rongoa katoa, whakamaimoatanga rānei e whiwhi ana koe, tae atu ki ngā huaora, ngā hua otaota, ngā whakapōauau rānei.

### He aha ngā hua kino ka rongo pea koe?

| Ngā Hua Kino   | Tūtohutanga hei whai   |
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| Tāporepore, aniroro<br>Pupuhi ngā waea, hē manawa<br>Kua heke te āhua ngākau   | Me kōrero atu ki tō rata   |
| Ngenge, ngoikore<br>Uaua te mōe, rerekē ngā moemoeā<br>Makariri ngā ringa me ngā waewae, tengatenga, kēkerewai rānei,<br>Kua rerekē te āhua ai<br>Ka mamae te puku | Me kōrero atu ki tō rata mēnā kei te mamae                               |
| Aniroro, āmai rānei i te tūtanga ake   | Me āta tū ake. Ki te hē tonu, he taumaha rānei, me kōrero atu ki tō rata |

Ki te pā mai ētahi atu hua kino, me kōrero atu ki tō rata, kaitaka rongoā rānei.

### Ētahi atu mōhiohio:

- Me kōrero atu ki tō rata mēnā he raruraru ate, huri o te toto rānei, huangō, mate huka rānei.
- Me kōrero atu ki tō rata mēnā kei te hapū koe, kei te whai rānei koe kia hapū koe, kei te whāngaiū rānei.
- Kaua rawa e mutu te kai *metoprolol*, me kōrero ki tō rata i te tuatahi.