

CILAZAPRIL

sil-az-ah-pril

He aha te mahi?

Whakamahia ai te *cilazapril* hei whakamaimoa i te toto pōrutu, ngā raruraru tākihi e pā ana ki te mate huka me te whapai ake i te mahi a te manawa.

Me pēhea te kai?

Me kai te *cilazapril* e ai ki ngā tohutohu me tētahi inu wai.

Ka aha mēnā ka wareware i a koe tētahi horopeta te kai?

Me wawe tonu te kai i te horopeta. Mēnā he tata ki te wā mō tō horopeta whai ake, me waiho noa te mea kua tāhapa, ā, ka haere tonu anō. Kaua rawa e kai i ngā horopeta e rua i te wā kotahi.

Ka taea anō e koe ētahi atu rongoā te kai?

Ka tukituki pea ētahi rongoā kore ota rongoā ki te *cilazapril*, tae atu ki:

- ngā pire ārai-whakakakā, pērā i te i te diclofenac (hei tauira, Voltaren®), ibuprofen (hei tauira, Nurofen®), aspirin rānei (hei tauira, Disprin®, kei ngā horopeta whakamauru mamae). Ka kitea ēnei i roto i ētahi rongoā rewharewha me te whurū (hei tauira, Nurofen Cold me te Flu®).
- ngā hua āpiti konurehu (hei tauira, Span K®)

Me kōrero atu ki tō kaitaka rongoā, rata rānei mō ngā rongoā katoa, whakamaimoatanga rānei e whiwhi ana koe, tae atu ki ngā huaora, ngā hua otaota, ngā whakapōauau rānei.

He aha ngā hua kino ka rongo pea koe?

Ngā Hua Kino	Tūtohutanga hei whai
Pupuhi ngā ngutu, arero, korokoro, kanohi rānei	Me wawe te kōrero atu ki tō rata
Ka huri te kapa manawa, mamae te uma Ka uauawhiti, ngoikore rānei ngā uaua	Me kōrero atu ki tō rata
Maremare Āmai, ānini, tāporepore Ngenge, ngoikore rānei Kā rerekē te tāwara, mamae te puku	Me kōrero atu ki tō rata mēnā kei te mamae

Ki te pā mai ētahi atu hua kino, me kōrero atu ki tō rata, kaitaka rongoā rānei.

Ētahi atu mōhiohio:

- Me kōrero atu ki tō rata mēnā he raruraru tākihi, ate rānei ōu, i pā mai te angioedema (ka pupuhi te kanohi nā te rongoā) rānei i mua.
- Me kōrero atu ki tō rata mēnā kei te hapū koe, kei te whai rānei koe kia hapū koe, kei te whāngaiū rānei.