

BENZBROMARONE

benz-bro-ma-rone

He aha te mahi?

Whakamahia ai te *benzbromarone* hei ārai i te kauti. Ka āwhina i ō tākihi ki te tango i te waikawa uriki mai i ō toto.

Me pēhea te kai?

Me kai te *benzbromarone* e ai ki ngā tohutohu me tētahi inu wai.

Ka aha mēnā ka wareware i a koe tētahi horopeta te kai?

Kainga te horopeta i tāhapa i a koe mēnā ka maumahara koe i taua rā anō. Ki te kore, me waiho ka haere tonu. Kaua rawa e kai i ngā horopeta e rua i te wā kotahi.

Ka taea anō e koe ētahi atu rongoā te kai?

Ka tukituki pea ētahi rongoā kore ota rongoā ki te *benzbromarone*, tae atu ki:

- fluconazole (hei tauira, Diflucan®)

Ka whakarahi ake i te *benzbromarone* te pānga o te warfarin. Mēnā kei te kai warfarin koe, ā, ka tīmata, ka mutu rānei te kai *benzbromarone*, me whakarerekē te horopeta warfarin, ā, me nui ake ō aromatawai toto INR. Me kōrero e koe tēnei me tō mātanga hauora.

Me kōrero atu ki tō kaitaka rongoā, rata rānei mō ngā rongoā katoa, whakamaimoatanga rānei e whiwhi ana koe, tae atu ki ngā huaora, ngā hua otaota, ngā whakapōauau rānei.

He aha ngā hua kino ka rongo pea koe?

Ngā Hua Kino	Tūtohutanga hei whai
Ko ngā tohumate o te mate ate ko te: kōwhai o te kiri, karu rānei, mangeo, kōuri o te mimi, kōmā o te hamuti, mamae puku Ka aumou te maremare, uaua te hēhē	Me wawe te kōrero atu ki tō rata
Mamae te tuarā o raro, he māwhero/whero/parauri te mimi (he kōhatu tākihi pea)	Me kōrero atu ki tō rata
Kohī	Me kōrero atu ki tō rata mēnā kei te mamae

Ki te pā mai ētahi atu hua kino, me kōrero atu ki tō rata, kaitaka rongoā rānei.

Ētahi atu mōhiohio:

- Me kōrero atu ki tō rata mēnā he raruraru ate tōu, pā mai ai te kōhatu tākihi, mena rānei e pāngia koe e te porphyria.
- Me kōrero atu ki tō rata mēnā kei te hapū koe, kei te whai rānei koe kia hapū koe, kei te whāngaiū rānei.
- Pai mai ai ngā raruraru ate i te *benzbromarone*. Me ōrite tō whiwhi aromatawai toto hei tirotiro kei te pēhea te mahi a tō ate. Ki te nui rawa te inu waipiro ka piki te tūpono pā mai o ngā raruraru ate.
- Ka pā mai te mate kauti i te *benzbromarone* ina tīmata tō kai, nō reira ka tūtohua e tō rata he rongoā atu anō hei ārai i tēnei. Me kai haere tonu te *benzbromarone* ina pā mai te mate kauti. Ki te whakamutu tonu te kai i ngā pire ko te tikanga ka hē kē atu tō kauti.
- Ka pā mai pea ngā kōhatu tākihi i te *benzbromarone* ki te kore e rawaka te inu wai. Me kōrero e koe tēnei me tō mātanga hauora.
- Kāore te *benzbromarone* i te rēhita hei whakamahi i Aotearoa. Me kōrero ki tō rata.

He mōhiohio hira kei roto i tēnei mātārere, engari ehara koinei ngā mōhiohio katoa, mō tēnei rongoā.

He mea whakarite mai e te Komiti PIL i Te Hōhipera o Waitaha, Te Poari Hauora o Waitaha, Aotearoa. Hakihea 2018