

## FLUOXETINE

*floo-ox-eh-teen*

### He aha te mahi?

Whakamahia ai te *fluoxetine* hei whakamaimoa me te ārai i te pāpouri me ētahi atu mate i ētahi wā.

### Me pēhea te kai?

Me kai i te *fluoxetine* e ai ki ngā tohutohu.

Me kīnaki ngā pire ki te inu wai.

Whakamemehatia ngā pire meha ki rō karāhe wai i mua i te horomi.

Āta inea te wē mā tētahi pūwero, pune ine rānei.

### Ka aha mēnā ka wareware i a koe tētahi horopeta te kai?

Me wawe tonu te kai i te horopeta. Mēnā he tata ki te wā mō tō horopeta whai ake, me waiho noa te mea kua tāhapa, ā, ka haere tonu anō. Kaua rawa e kai i ngā horopeta e rua i te wā kotahi.

### Ka taea anō e koe ētahi atu rongoā te kai?

Ka tukituki pea ētahi rongoā ehara i te ota rongoā ki te *fluoxetine*, pērā i ēnei:

- ngā pire ārai-whakakakā, pērā i te diclofenac (hei tauira, Voltaren®), ibuprofen (hei tauira, Nurofen®), aspirin rānei (hei tauira, Disprin®, kei ngā horopeta whakamauru mamae). Ka kitea ēnei i roto i ētahi rongoā rewharewha me te whurū (hei tauira, Nurofen Cold me te Flu®).
- aspirin horopeta-iti (hei tauira, Cartia®)
- ngā rongoā rewharewha me te whurū, kei roto ko te dextromethorphan (hei tauira, Robitussin Dry Cough Forte®)
- ngā rongoā whakamauru mamae whai codeine (hei tauira, Panadeine®)
- ētahi rongoā mō te mähunga ānini, pērā i te sumatriptan (hei tauira, Sumagran Active®), zolmitriptan (hei tauira, Zomig®)

Me kōrero atu ki tō kaitaka rongoā, rata rānei mō ngā rongoā katoa, whakamaimoatanga rānei e whiwhi ana koe, tae atu ki ngā huaora, ngā hua otaota (hei tauira, St John's wort), ngā whakapōauau rānei (hei tauira, ecstasy).

### He aha ngā hua kino ka rongo pea koe?

| Ngā Hua Kino  | Tūtohutanga hei whai                       |
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| Ngā whakaaro whakamate<br>Kapa manawa tere, pokapoka rānei, tāporepore<br>Hukihuki, wiriwiri rānei ngā uua tē taea e koe te pupuri, pōraruraru,<br>nui te heke werawera, kirikā   | Me wawe te kōrero atu ki tō rata           |
| Anipā, kārangi  | Me kōrero atu ki tō rata                   |
| Whakapairuaki, ruaki, mate tikotiko, waha maroke, mamae puku, rerekē<br>te hiakai, taumaha rānei<br>Hiamoe, pōātinitini, ānini mähunga, raruraru te moe, hītakotako, ngoikore<br>Kua rerekē te āhua ai, kua rerekē te mate wahine | Me kōrero atu ki tō rata mēnā kei te mamae |

Ki te pā mai ētahi atu hua kino, me kōrero atu ki tō rata, kaitaka rongoā rānei.

### Ētahi atu mōhiohio:

- Me kōrero atu ki tō rata mēnā he raruraru manawa, ate, toto rānei ōu, mate bipolar, mēnā rānei i pā mai te rehu ohotata.
- Me kōrero atu ki tō rata mēnā kei te hapū koe, kei te whai rānei koe kia hapū koe, kei te whāngaiū rānei.
- Ka whakahaerehia pea e tō rata he whakamātautau manawa (ECG) i mua i tō tīmatanga, ā, i a koe e kai ana i te *fluoxetine*.
- Ka whakawaimaero pea te *fluoxetine* i tō kaha ki te mahi i ngā mahi noa pērā i te taraiwa, te whakamahi mīhini rānei. Ka hē kē atu i te waipiro. Me kōrero mō tō mōrea me tō mātanga hauora. (rapu i NZTA – Are you safe to drive?)
- Ka pau pea ētahi wiki kia mahi ai te *fluoxetine*.
- Pā mai ai te anipā i ngā wiki tuatahi o te whakahaumanutanga, engari ko te tikanga ka pai haere ake. Me kōrero ki tō rata.
- Ki te hē haere kē atu tō pāpouri, me haere ki tō rata.
- Kaua rawa e mutu te kai *fluoxetine* me kōrero ki tō rata i te tuatahi.

**He mōhiohio hira kei roto i tēnei mātārere, engari ehara koinei ngā mōhiohio katoa mō tēnei rongoā.**  
He mea whakarite mai e te Komiti PIL i Te Hōhipera o Waitaha, Te Poari Hauora o Waitaha, Aotearoa. Mahuru 2017