



METOPROLOL

me-toe-pro-lol

He aha te mahi?

Whakamahia ai te *metoprolol* hei whakamaimoa i ētahi raruraru o te manawa me te toto pōrutu. Ka whakamahia i ētahi wā mō ētahi atu raruraru i pērā i te ānini.

I mua i to tīmata

- Me kōrero atu ki tō rata mēnā he raruraru ate, huri o te toto rānei, huangō, mate huka rānei.
- Me kōrero atu ki tō rata mēnā kei te hapū koe, kei te whai rānei koe kia hapū koe, kei te whāngaiū rānei.

Me pēhea te kai?

Me kai te *metoprolol* e ai ki ngā tohutohu me tētahi inu wai.

Ka taea ngā pire tukunga whakahaere (CR), tukunga whakauka (SR) rānei te whakahāwhe mēnā e hiahiatia ana, engari kua e kōnatunatu, ngaungau rānei.

Ka aha mēnā ka wareware i a koe tētahi horopeta te kai?

Me wawe tonu te kai i te horopeta. Mēnā he tata ki te wā mō tō horopeta whai ake, me waiho noa te mea e kua tāhapa, ā, ka haere tonu anō. Kua rawa e kai i ngā horopeta e rua i te wā kotahi.

Ka taea anō e koe ētahi atu rongoā te kai?

Ka tukituki pea ētahi rongoā ehara i te ota rongoā ki te *metoprolol*, pērā i ēnei:

- ngā pire ārai-whakakakā, pērā i te diclofenac (hei tauira, Voltaren®), ibuprofen (hei tauira, Nurofen®), aspirin rānei (hei tauira, Disprin®, kei ngā horopeta whakamauru mamae). Ka kitea ēnei i roto i ētahi rongoā rewharewha me te whurū (hei tauira, Nurofen Cold me te Flu®)
- diphenhydramine (hei tauira, Unisom SleepGels®)

Me kōrero atu ki tō kaitaka rongoā, rata rānei mō ngā rongoā katoa, whakamaimoatanga rānei e whiwhi ana koe, tae atu ki ngā huaora, ngā hua otaota, ngā whakapōauau rānei.

He aha ngā hua kino ka rongopēa koe?

| Ngā Hua Kino | Tūtohutanga hei whai |
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| Tāporepore, aniroro Ka pupuhi ngā waewae, hēmanawa Kua heke te āhua ngākau | Me kōrero atu ki tō rata |
| Ngenge, ngoikore rānei Raruraru te moe, rerekē ngā moemoeā Makariri ngā ringa me ngā waewae, tengatenga, kēkerewai rānei Kua rerekē te āhua ai Ka mamae te puku | Me kōrero atu ki tō rata mēnā kei te mamae |
| Aniroro, āmai rānei i te tūtanga ake | Me āta tū ake. Mēnā kei te pā tonu mai, he tino kino rānei me kōrero atu ki tō rata. |

Ki te pā mai ētahi atu hua kino, me kōrero atu ki tō rata, kaitaka rongoā rānei.

Ētahi atu mōhiohio:

- Kua rawa e mutu te kai *metoprolol* me kōrero ki tō rata i te tuatahi.