

CHICKENPOX VACCINE

What does it do?

The *chickenpox vaccine* helps protect you against chickenpox.

Before you start

- Tell your health professional if you currently feel unwell or have a fever.
- Tell your health professional if you have cancer, HIV, or take medicines which weaken your immune system.
- Do not get pregnant for at least 4 weeks after having the *chickenpox vaccine*. If you plan to become pregnant, or find you are pregnant, discuss this with your doctor. Tell your doctor if you are breastfeeding.

How is it given?

The *chickenpox vaccine* is given as an injection under the skin, or into a muscle. It is given to you by a health professional.

You will need to wait for 20 minutes after having your vaccine, to check you don't have an allergic reaction.

What if you forget a dose?

Contact your health professional to rebook your appointment.

Can you take other medicines?

Some medicines available without a prescription may react with *chickenpox vaccine* including:

- famciclovir (e.g. Apohealth Famciclovir Once®)

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

| Side Effects | Recommended action |
|--|---|
| Fever, headache Pain, tenderness or redness at injection site | This usually passes after a few days, take paracetamol if needed. Tell your health professional if troublesome. |
| Symptoms of allergy including: skin rash, itching, swelling, trouble breathing | Tell your health professional immediately |

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- Very rarely some people develop a contagious chickenpox rash up to 6 weeks after the vaccine. If you get an itchy rash with blisters that scab over, keep away from people who may be at risk from chickenpox, such as babies, pregnant women, or people who have a weakened immune system.