New Zealand Formulary PATIENT INFORMATION

SALBUTAMOL (liquid)

sal-bew-ta-mol

What does it do?

Salbutamol is used to relieve breathing problems such as asthma. It opens narrowed airways in the lungs making it easier to breathe.

Before you start

• Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

How should you take it?

Take *salbutamol* as directed by your healthcare professional. Measure the liquid carefully with an oral syringe or measuring spoon.

What if you forget a dose?

If it is nearly time for your next dose, skip the missed dose and take your next dose at the usual time. Otherwise, take the missed dose as soon as you remember. Do not take two doses at the same time.

Can you take other medicines?

Tell your pharmacist or doctor about <u>all medicines or treatments</u> that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

Side Effects	Recommended action
Symptoms of a fast or irregular heartbeat including: fluttering, pounding or pain in your chest, dizziness or fainting	Tell your doctor
Shaking, muscle cramps Nervousness	Tell your doctor if troublesome

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

• Some people with asthma may get short of breath after taking certain pain-relieving medicines such as aspirin (e.g. Aspec®), diclofenac (e.g. Voltaren®) or ibuprofen (e.g. Nurofen®). Talk to your healthcare professional.