



COLCHICINE

kol-chi-seen

He aha te mahi?

Whakamahia ai te *colchicine* hei whakamaimoa me te ārai i te mate kauti. Ka whakamahia i ētahi wā mō ētahi atu mate.

I mua i to tīmata

- Me kōrero atu ki tō rata mēnā he raruraru tākihi, raruraru ate, manawa, toto, uaua, puku rānei tōu, he mate kōpiro rānei tōu.
- Me kōrero atu ki tō rata mēnā kei te hapū koe, kei te whai rānei koe kia hapū koe, kei te whāngaiū rānei.
- Ka whai pānga te *colchicine* ki te hapūtanga – me kōrero ki tō rata mō tēnei.

Me pēhea te kai?

Me kai te *colchicine* e ai ki ngā tohutohu me tētahi inu wai.

Ka aha mēnā ka wareware i a koe tētahi horopeta te kai?

Mēnā kua tata ki te wā mō tō horopeta whai ake, me waiho te horopeta i tāhapa ka kai i tō kai horopeta whai ake hei taua wā anō. Tērā rānei, me kai te horopeta i tāhapa ina maumahara koe. Kua rawa e kai i ngā horopeta e rua i te wā kotahi.

Ka taea anō e koe ētahi atu rongoā te kai?

Ka tukituki pea ētahi rongoā ehara i te ōta rongoā ki te *colchicine*, pērā i ēnei:

- fluconazole (hei tauira, Diflucan®)

Me kōrero atu ki tō kaitaka rongoā, rata rānei mō ngā rongoā katoa, whakamaimoatanga rānei e whiwhi ana koe, tae atu ki ngā huaora, ngā hua otaota (hei tauira, St John's wort), ngā whakapōauau rānei.

He aha ngā hua kino ka rongo pea koe?

Ngā Hua Kino	Tūtohutanga hei whai
Mate tikotiko Whakapairuaki, ruaki, mamae puku Kōpukupuku, mango Kua iti ake ngā pūtau toto hei whawhai whakapokenga, hei āwhina kia tepetepe ō toto rānei - ko ētahi tohumate: kirikā, hauaitu, mamae korokoro, māuiui rānei, he māmā, he rerekē rānei te marū, ka toto noa rānei	Me mutu te kai rongoā, ā, me wawe tō haere ki te kite i tō rata
Tengatenga, kēkerewai rānei Ngoikore ngā uaua	Me kōrero atu ki tō rata
Ka kore haere ō makawe, hewa haere rānei, kua kore e hiakai	Me kōrero atu ki tō rata mēnā kei te mamae

Ki te pā mai ētahi atu hua kino, me kōrero atu ki tō rata, kaitaka rongoā rānei.

Ētahi atu mōhiohio:

- Mēna kei te kai *colchicine* koe mō tētahi mate kauti, kua e nui ake te kai i te horopeta tapeke mōrahi e tohutohuria ana e tō rata. Mēnā i kainga e koe te *colchicine* i roto i ngā rā whakamutunga e 3, kua e tīmataria he wāhanga anō. Me kōrero ki tō rata.
- Ka tukituki pea te huakerepe, wai huakerepe rānei, ārangī kawa/Seville rānei ki te *colchicine*. Me kōrero ki tō kaitaka rongoā.