



NEVIRAPINE

neh-veer-ah-peen

What does it do?

Nevirapine is used with other medicines to control HIV.

Before you start

- Tell your doctor if you have liver problems, or if you have ever had hepatitis B or C.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

How should you take it?

Take *nevirapine* regularly as directed with a glass of water. You can take it with or without food.

It is very important to take *nevirapine* regularly. If you often forget to take it, it may not work as well.

Do not stop taking *nevirapine* without talking to your doctor first, unless you get a severe skin rash (see side effects).

What if you forget a dose?

If it is nearly time for your next dose, skip the missed dose and take your next dose at the usual time. Otherwise, take the missed dose as soon as you remember. Do not take two doses at the same time.

Can you take other medicines?

Some medicines available without a prescription may react with *nevirapine* including:

- orlistat (Xenical®)

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products (e.g. St John's wort) or recreational drugs.

What side effects might you notice?

| Side Effects | Recommended action |
|--|---|
| Severe skin rash, skin peeling or blisters | Stop taking and see your doctor immediately |
| Symptoms of liver problems including: yellow skin or eyes, itching, dark urine, pale bowel motions, abdominal pain | Tell your doctor immediately |
| Skin rash | This can occur in the first few weeks. Rarely, this may be serious. Ring your clinic to check |

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- You will need regular blood tests while taking *nevirapine* to check if it is causing problems with your liver. You will also need blood tests to check your viral load.
- As your HIV comes under control, your immune system begins to recover. It may start fighting infections better than before which may make you unwell for a while. Your doctor may call this Immune Reconstitution Inflammatory Syndrome (IRIS).
- Weight gain may occur with treatment for HIV. Discuss this with your health professional.