

## TAMOXIFEN

*ta-mox-ih-fen*

### What does it do?

*Tamoxifen* is used to treat breast cancer. Some breast cancers need the hormone oestrogen to grow. *Tamoxifen* reduces the effects of oestrogen, which slows cancer growth.

### How should you take it?

Take *tamoxifen* regularly as directed with a glass of water.

### What if you forget a dose?

If it is nearly time for your next dose, skip the missed dose and take your next dose at the usual time. Otherwise, take the missed dose as soon as you remember. Do not take two doses at the same time.

### Can you take other medicines?

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products (e.g. St John's wort) or recreational drugs.

### What side effects might you notice?

| Side Effects  | Recommended action                                      |
|---|---|
| Symptoms of a blood clot including: sudden shortness of breath, swelling or pain in one leg | Tell your doctor immediately                            |
| Unexpected vaginal bleeding, changes in periods<br>Changes in vision                        | Tell your doctor  |
| Hot flushing<br>Hair loss or thinning<br>Vaginal discharge                                  | Tell your doctor if troublesome                         |
| Stomach upset   | Take with food and tell your doctor if symptoms persist |

If you notice any other effects, discuss them with your doctor or pharmacist.

### Other information:

- Tell your doctor if you have liver problems, endometriosis or uterine fibroids, or if you have ever had a stroke, 'mini-stroke' or blood clot.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.