



SALBUTAMOL (for inhalation)

sal-bew-ta-mol

What does it do?

Salbutamol opens narrowed airways in the lungs. It helps to relieve asthma symptoms and breathing problems.

How should you use it?

Inhale *salbutamol* as directed by your healthcare professional.

Can you take other medicines?

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

Side Effects	Recommended action
Fast or irregular heartbeat, chest pain	Tell your doctor
Tremor, muscle cramps Headache, dizziness Nervousness, trouble sleeping Dry mouth, hoarse voice, unpleasant taste, cough	Tell your doctor if troublesome

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- Tell your doctor if you have heart problems or high blood pressure.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.
- Some people with asthma may get short of breath after taking certain pain-relieving medicines such as aspirin (e.g. *Aspec*®), diclofenac (e.g. *Voltaren*®) or ibuprofen (e.g. *Nurofen*®). Talk to your healthcare professional.
- If you need to use *salbutamol* several times each week, your doctor may give you a 'preventer' inhaler. Preventers help reduce asthma symptoms and breathing problems.
- The use of inhalers can sometimes make breathing worse. Discuss this with your healthcare professional.
- Keep your *salbutamol* handy at all times, so you know where it is when you need it.