SILDENAFIL

sil-den-ah-fil

What does it do?

Sildenafil is used to treat pulmonary hypertension (high blood pressure in the blood vessels of your lungs), and sometimes other conditions. It improves blood flow by relaxing your blood vessels.

If you are taking *sildenafil* for erectile dysfunction see separate information sheet "*Sildenafil* (for erectile dysfunction)".

Before you start

- Tell your doctor if you have had a recent stroke, heart or blood pressure problems, or an eye problem called optic neuropathy.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.
- Do not use *sildenafil* if you are taking a nitrate medicine (e.g. glyceryl trinitrate or isosorbide mononitrate). Taking them both can cause a dangerous drop in blood pressure.

How should you take it?

Take *sildenafil* regularly as directed with a glass of water. You can take it with or without food.
Measure the liquid carefully with an oral syringe or measuring spoon. Shake the bottle well before measuring each dose.

What if you forget a dose?

If it is nearly time for your next dose, skip the missed dose and take your next dose at the usual time. Otherwise, take the missed dose as soon as you remember. Do not take two doses at the same time.

Can you take other medicines?

Some medicines available without a prescription may react with *sildenafil* including:

- glyceryl trinitrate (GTN) (e.g. Nitrolingual®, Glytrin®)

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products (e.g. St John's wort) or recreational drugs.

What side effects might you notice?

Side Effects	Recommended action
Prolonged erection (longer than four hours) Changes in vision	Tell your doctor immediately
Headache, dizziness Flushing Runny or blocked nose Muscle aches and pains Indigestion	Tell your doctor if troublesome

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- Grapefruit, grapefruit juice or sour/Seville oranges may react with *sildenafil*. Discuss with your pharmacist.
- Store *sildenafil* liquid as directed. Discard any leftover liquid after the expiry date on the bottle – ask your pharmacist how to do this safely.
- Do not stop taking *sildenafil* without talking to your doctor first.