

## VILDAGLIPTIN AND METFORMIN

*vil-dah-glip-tin and met-for-min*

### What does it do?

*Vildagliptin* and *metformin* is used to treat diabetes.

### Before you start

- Tell your doctor if you have kidney or liver problems, or if you have heart failure.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

### How should you take it?

Take *vildagliptin* and *metformin* regularly as directed with food and a glass of water.

### What if you forget a dose?

If it is nearly time for your next dose, skip the missed dose and take your next dose at the usual time. Otherwise, take the missed dose (with food) as soon as you remember. Do not take two doses at the same time.

### Can you take other medicines?

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

### What side effects might you notice?

Side Effects	Recommended action
Symptoms of allergy including: skin rash, itching, swelling, trouble breathing Severe stomach pain, nausea Symptoms of a very rare but serious problem called lactic acidosis including: nausea, vomiting, diarrhoea, weakness, muscle pain, fast breathing	Tell your doctor immediately
Joint aches and pains	Tell your doctor
Stomach upset, farting, indigestion Dizziness, weakness, headache Changes in taste, change of appetite	Tell your doctor if troublesome

If you notice any other effects, discuss them with your doctor or pharmacist.

### Other information:

- Test your blood sugar as directed by your health professional.