



COLCHICINE

kol-chi-seen

He aha te mahi?

Whakamahia ai te *colchicine* hei whakamaimoa me te ārai i te mate kauti. Ka whakamahia i ētahi wā mō ētahi atu mate.

I mua i to tīmata

- Me kōrero atu ki tō rata mēnā he raruraru tākihi, raruraru ate, manawa, toto, uaua, puku rānei tōu, he mate kōpiro rānei tōu.
- Me kōrero atu ki tō rata mēnā kei te hapū koe, kei te whai rānei koe kia hapū koe, kei te whāngaiū rānei.
- Ka whai pānga te *colchicine* ki te hapūtanga – me kōrero ki tō rata mō tēnei.

Me pēhea te kai?

Me kai te *colchicine* e ai ki ngā tohutohu me tētahi inu wai.

Ka aha mēnā ka wareware i a koe tētahi horopeta te kai?

Mēnā kua tata ki te wā mō tō horopeta whai ake, me waiho te horopeta i tāhapa ka kai i tō kai horopeta whai ake hei taua wā anō. Tērā rānei, me kai te horopeta i tāhapa ina maumahara koe. Kua rawa e kai i ngā horopeta e rua i te wā kotahi.

Ka taea anō e koe ētahi atu rongoā te kai?

Ka tukituki pea ētahi rongoā ehara i te ōta rongoā ki te *colchicine*, pērā i ēnei:

- fluconazole (hei tauira, Diflucan®)

Me kōrero atu ki tō kaitaka rongoā, rata rānei mō ngā rongoā katoa, whakamaimoatanga rānei e whiwhi ana koe, tae atu ki ngā huaora, ngā hua otaota (hei tauira, St John's wort), ngā whakapōauau rānei.

He aha ngā hua kino ka rongo pea koe?

| Ngā Hua Kino | Tūtohutanga hei whai |
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| Mate tikotiko Whakapairuaki, ruaki, mamae puku Kōpukupuku, mango Kua iti ake ngā pūtau toto hei whawhai whakapokenga, hei āwhina kia tepetepe ō toto rānei - ko ētahi tohumate: kirikā, hauaitu, mamae korokoro, māuiui rānei, he māmā, he rerekē rānei te marū, ka toto noa rānei | Me mutu te kai rongoā, ā, me wawe tō haere ki te kite i tō rata |
| Tengatenga, kēkerewai rānei Ngoikore ngā uaua | Me kōrero atu ki tō rata |
| Ka kore haere ō makawe, hewa haere rānei, kua kore e hiakai | Me kōrero atu ki tō rata mēnā kei te mamae |

Ki te pā mai ētahi atu hua kino, me kōrero atu ki tō rata, kaitaka rongoā rānei.

Ētahi atu mōhiohio:

- Mēna kei te kai *colchicine* koe mō tētahi mate kauti, kua e nui ake te kai i te horopeta tapeke mōrahi e tohutohuria ana e tō rata. Mēnā i kainga e koe te *colchicine* i roto i ngā rā whakamutunga e 3, kua e tīmataria he wāhanga anō. Me kōrero ki tō rata.
- Ka tukituki pea te huakerepe, wai huakerepe rānei, ārangī kawa/Seville rānei ki te *colchicine*. Me kōrero ki tō kaitaka rongoā.