

## AMANTADINE

*a-man-ta-deen*

### What does it do?

*Amantadine* is used to treat Parkinson's disease and sometimes other conditions.

### Before you start

- Tell your doctor if you have heart, blood pressure, kidney, stomach, bowel or mental health problems (such as depression).
- Tell your doctor if you have trouble peeing, glaucoma, tardive dyskinesia, eczema, or have ever had a seizure.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

### How should you take it?

Take *amantadine* regularly as directed with a glass of water.

### What if you forget a dose?

If it is nearly time for your next dose, skip the missed dose and take your next dose at the usual time. Otherwise, take the missed dose as soon as you remember. Do not take two doses at the same time.

### Can you take other medicines?

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

### What side effects might you notice?

Side Effects	Recommended action
Reduced number of blood cells that fight infections in your body - symptoms include: fever, chills, sore throat or generally feeling unwell Seizures	Tell your doctor immediately
Agitation, anxiety, confusion, hallucinations Unusual urges (e.g. gambling, eating, spending, sex) Low mood Unsteadiness, strange or uncontrolled movements Swollen feet or legs, short of breath	Tell your doctor
Drowsiness, dizziness, trouble sleeping Constipation, loss of appetite Dry mouth Net-like red, blue or purple skin patches	Tell your doctor if troublesome
Lightheaded or dizzy after standing up	Stand up slowly. If it continues, or is severe, tell your doctor
Nausea	Take with food and tell your doctor if symptoms continue

If you notice any other effects, discuss them with your doctor or pharmacist.

### Other information:

- *Amantadine* can impair your ability to do tasks such as driving or using machines. Alcohol makes this worse. Discuss your risk with your health professional. (search NZTA - Are you safe to drive?)
- Do not stop taking *amantadine* suddenly without talking to your doctor first. Your doctor may reduce the dose gradually.