



CLOBETASOL (shampoo)

kloe-bee-ta-sol

What does it do?

Clobetasol shampoo is a very potent steroid used to treat skin conditions such as eczema and psoriasis.

How should you use it?

Apply to a dry scalp (do not wet your hair before applying).

Wash your hands then using the included measuring cap, measure out 7.5 mL and apply it to the affected area of your scalp as directed. Gently massage it into the lesions. Wash your hands again when you have finished.

Leave it on your scalp for 15 minutes before rinsing it off with water or regular shampoo. Do not cover your head during this time.

Dry your hair as usual.

What if you forget a dose?

If it is nearly time for your next dose, skip the missed dose and apply your next dose at the usual time. Otherwise, apply the missed dose as soon as you remember. Do not apply two doses at the same time.

Can you take other medicines?

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

If steroids are applied to the skin correctly, side effects are uncommon. If you use them continuously for a long time, are treating a large area, cover the area, or use a higher potency steroid than needed, then side effects may occur.

Side Effects	Recommended action
Skin thinning, stretch marks	Tell your doctor

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.
- Only use *clobetasol* on the affected area of skin you have been given it for. Using it on other skin conditions (such as infected skin) may make them worse.
- If you use *clobetasol* continuously for a long time, are treating a large area, or cover the area, you are at an increased risk of developing side effects such as: round face, change in body shape, change in hair growth, thinning of the bones, increased blood pressure and diabetes.
- Take care not to get any *clobetasol* in your eyes. If you get any in your eyes, rinse well with water straight away. If you often get *clobetasol* in your eyes it can cause eye problems such as glaucoma and cataracts.