

MIDAZOLAM (before procedures)

mid-az-oh-lam

What does it do?

Midazolam is used to make you calm or sleepy before a medical or dental treatment.

How should you take it?

Take *midazolam* as directed with a glass of water, usually 30 minutes before the treatment.

Can you take other medicines?

Some medicines available without a prescription may react with *midazolam* including:

- some antihistamines (may be in anti-allergy, anti-nausea and cough/cold medicines)
- fluconazole (e.g. Diflucan®) or miconazole (e.g. Dakarin Oral Gel®)

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products (e.g. St John's wort, valerian) or recreational drugs.

What side effects might you notice?

| Side Effects | Recommended action |
|---|---|
| Slow or shallow breathing, hard to wake up Trouble with speech or swallowing | Tell your nurse or doctor immediately |
| Mood changes, agitation, unusual behaviour or thinking, loss of coordination | Tell your doctor |
| Drowsiness, dizziness, trouble concentrating, confusion | May continue for up to 6 hours – don't drive while feeling this way |
| Headache, memory loss Hiccups, nausea, vomiting | Tell your doctor if troublesome |

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- Tell your doctor if you have heart or liver problems, a chronic muscle condition (e.g. myasthenia gravis), sleep apnoea, or a head injury.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.
- *Midazolam* may make you sleepy or dizzy and make it dangerous to drive, operate machinery or do other activities that require you to be alert. Arrange for someone to drive you home after your treatment. Avoid any alcohol or recreational drugs as they can increase these effects.
- If you still feel sleepy the next day, do not drive or operate machinery.
- Avoid grapefruit, grapefruit juice or sour/Seville oranges on the day of your treatment as they may increase the amount of *midazolam* in your body and make you more sleepy.