New Zealand Formulary PATIENT INFORMATION

MEGESTROL

meh-jes-trol

What does it do?

Megestrol contains the steroid hormone progestogen. It is used to treat breast cancer and endometrial cancer, and sometimes other conditions.

Before you start

- Tell your doctor if you have diabetes, or if you have ever had a blood clot.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

How should you take it?

Take megestrol regularly as directed with a glass of water.

What if you forget a dose?

If it is nearly time for your next dose, skip the missed dose and take your next dose at the usual time. Otherwise, take the missed dose as soon as you remember. Do not take two doses at the same time.

Can you take other medicines?

Tell your pharmacist or doctor about <u>all medicines or treatments</u> that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

Side Effects	Recommended action
Symptoms of a blood dot including: sudden shortness of breath, swelling or pain in one leg	Tell your doctor immediately
Mood changes Short of breath Tiredness or weakness Hot fluxhing, sweating Hair loss or thinning Numb or tingling fingers Weight gain, swollen feet or legs Less interest in sex, impotence, unexpected vaginal bleeding Stomach upset	Tell your doctor if troublesome

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- Long-term use of megestrol may cause side effects such as round face, change in body shape, change in hair growth, thin skin, weak bones, increased blood pressure and diabetes
- Do not stop taking megestrol suddenly without talking to your doctor first. Your doctor may reduce the dose gradually.