

## ASPIRIN (for pain)

*ass-prin*

### What does it do?

*Aspirin* is an anti-inflammatory medicine used to reduce pain, inflammation and fever.

For information on *aspirin* for other conditions, see *aspirin* (low-dose).

### Before you start

- Tell your doctor if you have stomach, bowel, kidney, or bleeding problems, or if you have G6PD deficiency or asthma.
- Tell your doctor if you have ever had problems with anti-inflammatory medicines.
- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

### How should you take it?

Take *aspirin* as directed.

Coated tablet: Take with a large glass of water. Swallow whole - do not crush or chew.

Dispersible tablet: Dissolve in water before taking.

### What if you forget a dose?

If you take *aspirin* regularly and it is nearly time for your next dose, skip the missed dose and take your next dose at the usual time. Otherwise, take the missed dose as soon as you remember. Do not take two doses at the same time.

### Can you take other medicines?

Some medicines available without a prescription may react with *aspirin* including:

- anti-inflammatories, such as diclofenac (e.g. Voltaren®), or ibuprofen (e.g. Nurofen®). These can also be found in some cold and flu medicines (e.g. Nurofen Cold and Flu®), and creams or gels (e.g. Voltaren Emulgel®).
- low-dose *aspirin* (e.g. Cartia®)

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

### What side effects might you notice?

| Side Effects                                                                                                                                                                                                                                 | Recommended action                                       |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|
| Symptoms of allergy including: skin rash, itching, swelling, trouble breathing<br>Symptoms of a peptic ulcer including: tummy pain, red or black bowel motions, vomit that looks like coffee grounds<br>Easy or unusual bruising or bleeding | Tell your doctor immediately                             |
| Ringing in the ears, hearing loss                                                                                                                                                                                                            | Tell your doctor                                         |
| Indigestion, nausea                                                                                                                                                                                                                          | Take with food and tell your doctor if symptoms continue |

If you notice any other effects, discuss them with your doctor or pharmacist.

### Other information:

- It is safe to take both paracetamol and anti-inflammatory medicines for pain relief if you need to.
- Anti-inflammatory medicines can sometimes cause kidney problems, especially in people who are dehydrated. Don't take *aspirin* if you are dehydrated.
- Do not give *aspirin* to children unless prescribed by a doctor.