

DULAGLUTIDE

due-lah-gloo-tide

What does it do?

Dulaglutide is used to treat diabetes by lowering blood sugar.

Before you start

- Tell your doctor if you are pregnant, planning to become pregnant, or breastfeeding.

How should you take it?

Inject *dulaglutide* once a week, on the same day each week, into the skin of your stomach, thigh or upper arm. You can use the same area of your body each time, but choose a different place within that area. You can inject it any time of the day, with or without meals.

You, or the person giving the injections, will be given training on how to use the injections.

What if you forget a dose?

You can inject the missed dose up to 3 days later. Otherwise skip the dose and carry on as normal next week. Do not inject 2 doses at the same time.

Can you take other medicines?

Tell your pharmacist or doctor about all medicines or treatments that you may be taking, including vitamins, herbal products or recreational drugs.

What side effects might you notice?

Side Effects	Recommended action
Nausea, vomiting, loss of appetite, stomach pain, indigestion	Common when you first start - if it continues or is severe, tell your doctor.

If you notice any other effects, discuss them with your doctor or pharmacist.

Other information:

- *Dulaglutide* should normally be kept in the fridge, but you can store it at room temperature for up to 14 days if needed, such as if you are travelling. Keep it in the box to protect from light.
- Test your blood sugar as directed by your health professional.